Tiger Tribune

Volume 3, Issue 13 · November 1, 2022



Inside This Edition

- Principal's Message
- Vocabulary Parade
- GWES PTA Information
- Kindness Challenge/World Kindness Day
- American Education Week
- TAG Best Practice
- Tech Tigers Updates
- Counselor's Corner
- Testing Updates
- Grade Level/Notes from the Nurse
- Specialist News
- School Psych Corner
- Continuity Information for 5th Grade Families
- FAQ
- November At-A-Glance



Follow us on Twitter <u>@GWES_PGCPS</u> Follow us on Instagram @glenarden_woods_es

Principal's Message

It's hard to believe that Thanksgiving is almost here! A time set aside each year to reflect on all the things we are grateful for. A time to count our blessings. Gratitude is important for children as well. Take some time as we approach the holidays to share with your children the things that you are grateful for and have them share what they are grateful for as well. Being grateful goes hand in hand with being kind and being peaceful in our interactions with others. November is Kindness Month and we will be talking to the children about ways that they can show kindness and be peaceful to one another. These are important life skills. Please join us in this effort by praising kindness at home. Kindness is contagious!

Each day I say to the children on the announcements, "It's not how smart you are, it's how hard you work that makes the difference." This is what having a growth mindset is all about. We can be good at something if we work hard at it. When we set a goal and work hard, dreams really do come true! Gobble, gobble!

Learned any new words this year or have an interesting or fun word to share?

Let's Have Some Fun!! A VOCABULARY PARADE

Friday, November 4, 2022 10:30-11:30 Grades 2-5

Everyone dresses up as a vocabulary word that they select with their teacher.







Note:

Word costumes may not depict any form of violence. Words can come from any of the "content areas" (i.e. reading, math, science, social studies, health, etc.) <u>Students are invited to create a</u> <u>Vocabulary Parade Card to hold or wear around their neck during the parade.</u>

Voca	bulary	DAR	ADF	Card
VUGA	uunaiv	PAR	AIJC	L.alu

Vocabulary Word:

Vocabulary Meaning:

Word in a sentence:

Vocabulary Parade Card Sample

Vocabulary Word: PREDATOR

Meaning: An animal that naturally preys on

others.

Sentence: A shark is a fierce predator in the

Atlantic Ocean.

Families are welcome to attend and watch the parade outside. Bring a chair to sit on or stand in the grass as students walk along the sidewalk! ***Parking will be limited!

Please note: If it is raining outside, the parade will be conducted indoors. <u>No parade spectators</u> will be allowed in the building. If the outdoor parade is cancelled due to the weather, a parent/guardian message will be shared via Class Dojo, Twitter, and School Messenger to inform parents by 8:00 a.m. on the day of the parade.

GWES PTA News

Welcome to November GWES Family!

We are so excited for the upcoming <u>Fall Festival</u>, November 5th, 3-6pm, FREE movie screening 6-8pm.

Join GWES students, teachers, and parents for an afternoon of arts & crafts, games, food, Trunk or Treat and much more! End the day with a FREE outdoor movie. Feel free to bring your own chairs and blankets for comfort. We are actively looking for volunteers to help make this an amazing event! Please sign up here **Volunteer Opportunities**.

Mark Your Calendars!

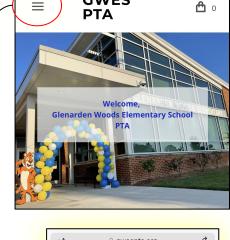
Our next virtual PTA meeting is Nov. 15th at 6:30pm. The link will be sent out closer to the date.

Exciting news!

We have a new PTA website where you can sign up for PTA membership, check out upcoming events and buy all your tiger gear in one place. The school merchandise store is up and running so your students can get all decked out for spirit Fridays! Check it out today! https://www.qwespta.org/

Feel free to email the PTA with questions or ideas, pta.gwes@gmail.com.

Heather McAndrews
PTA President



GWES



Kindness Challenge

For the week leading up to World Kindness Day, let's deliberately show acts of kindness! See how many ways you can be kind each day!

Monday, November 7th		Tuesday, November 8th		Wednesday, November 9th	
0 0 0	Give a complement! Hold the door open for someone! Share a smile!		Tell a family member how much you love them! Volunteer to do something in at home.	0 0	Pick up litter in your classroom, the hallway, or the cafeteria. DON'T BE A LITTERBUG HELP KEEP OUR SCHOOL CLEAN Make someone laugh.
Thursday, November 10th		Friday, November 11th			Saturday, November 12th
0	Do a chore without being asked.		Write a thank you letter!	0	Help your parents do work around the house.
	V N	_	Malaaaaaaafiiaad		
		0 0	Make a new friend. Draw a picture for		Sunday, November 13th
0	Let someone go ahead of you.	0 0			

World Kindness Day

Saturday, November 13, 2021

World Kindness Day is an international holiday that was formed in 1998, to promote kindness throughout the world and is observed annually on November 13 as part of the World Kindness Movement. It is observed in many countries including the United States, Canada, Japan, Australia and the U.A.E. World Kindness Day presents us with the opportunity to reflect upon one of the most important and unifying human principles. On a day devoted to the positive potential of both large and small acts of kindness, try to promote and diffuse this crucial quality that brings people of every kind together.





WORLD KINDNESS DAY TRADITIONS

The objective of World Kindness Day is to spread kindness with small gestures. The main tradition of the day is to be kind and to try and encourage kindness to prevail over hatred. Whether it's helping out someone with chores, taking the time out to ask how someone is doing, or complimenting someone, the name of the game is kindness, and we all have it in us.

MINIESS

November Student of the Month

Learning Goal:

Students are able to show interest and concern for others.

Success Criteria:

- I can show kindness by doing something for another person without being told or asked.
 - Examples: holding a door for the next person, helping someone clean up or keep an area clean, a surprise note with a message to make them smile, etc.
- I can show kindness by listening to and being a friend to someone who needs one.
 - Examples: playing with them at recess, inviting them to join a conversation at lunch, etc.
- I can show kindness by greeting others.
 - Examples: waving, smiling, saying "Good morning!"
- I can show kindness by using words and phrases that make others feel included and valued.
 - Examples: I hope you have a nice day! You are a talented _____! You made my day better!

Supporting Traits:

Caring, empathetic, sympathetic, tolerant, accepting



American Education Week happens the week prior to the week of Thanksgiving. Each day of the week has its own theme, during which we celebrate our public schools.

Festivities honor the team of people who work in our nation's public schools, everyone from the bus driver and classroom teacher to the cafeteria worker and administrative staff, plus countless others.

Check out how Glenarden Woods Elementary school plans to celebrate American Education Week!

Monday, November 14: Kick-Off & "Thank a Teacher" Day Tuesday, November 15: Educator Day Wednesday, November 16: Support Professionals' Day Thursday,
November 17:
Substitute
Educators'
Day

Friday,
November 18:
School is Cool
& College
Day

Kickoff-Quotes every morning of the week/"Thank a Teacher"- Each student will be given a card from Ms. Romero to write a note of gratitude to a teacher. All cards can be dropped off in the bin outside Ms. Romero's office. Cards will be posted on the receiver's door later in the week

Educator for the Day:

Students will be invited to dress-up as their favorite teacher or principal.



Support Professionals

<u>Day</u> – "Hugs and Kisses" for the bus drivers, custodial staff, and cafeteria workers.



Substitute Teachers' Day -

"Thank You"
Posters to share appreciation and gratitude for their work. Students will be invited to sign and leave a message on the posters during their lunch period the previous day so that we can present these to the substitute teachers.

"School is Cool" Day – Ice pops will be given out to all staff members and students:



Career Day!

Guests will share how their education helped them gain the necessary skills for their career! We can't wait!



TAG Best Practice

William and Mary Teaching Models Research Model

For the month of November, we will focus on the <u>Research Model</u> as part of the William and Mary College Integrated Curriculum Model.

The Research Model provides students with a way to approach an issue of significance and explore it individually and in small groups. Its organization follows major elements of reasoning. Teachers are encouraged to model each stage of this process in class.

1. Identify your issue or problem.

- What is the issue or problem?
- Who are the stakeholders and what are their positions?
- What is your position on this issue?

2. Read about your issue and identify points of view or arguments through information sources.

- What are my print sources?
- What are my media sources?
- What are my people sources?
- What are my preliminary findings based on a review of existing sources?

3. Form a set of questions that can be answered by a specific set of data. Examples:

- What would be the results of ?
- Who would benefit and by how much?
- Who would be harmed and by how much?

4. Gather evidence through research techniques such as surveys, interviews, or analysis of primary and secondary source documents.

- What survey questions should I ask?
- What interview questions should I ask?
- What generalizations do secondary sources give?
- What data and evidence can I find in primary sources to support different sides of the issue?

5. Manipulate and transform data so that it can be interpreted.

- How can I summarize what I found out?
- Should I develop charts, diagrams, or graphs to represent my data?

6. Draw conclusions and make inferences.

- What does the data mean?
- How can I interpret what I found out?
- How does the data support my original point of view?
- How does it support other points of view?
- What conclusions can I make about the issue?

7. Determine implications and consequences.

- What are the consequences of following the point of view that I support?
- Do I know enough or are there now new questions to be answered?

8. Communicate your findings. (Prepare an oral presentation for classmates based on note cards and a written report.)

- What is my purpose, issue, and point of view, and how will I explain them?
- What data will I use to support my point of view? How will I conclude my presentation?

Charts, Graphs and Tables

Primary and Secondary Sources.pdf



Tech Tigers Updates

Students will continue working with Digital Storyboarding, using Pixton, Wevideo and Google apps. Students have written stories about themselves, and about how to stop bullying. Look for some of our favorite comics to be shared (anonymously) via Dojo. Our next unit will be on Coding. We will be using C.S First and Scratch in order to code a variety of products.



This is a reminder that all chromebooks should be stored inside the school issued case, and that chromebooks are used in school every day. Students should charge the chromebooks at home every evening AND the charger should come to school each day in case the chromebooks dies. Students must make sure to zip the chromebook case closed, as we have had many chromebooks with broken screens. Proper care and treatment of a chromebook can help the chromebook to last many years. On average, we have 10 chromebooks coming into the tech lab each week with broken screens. We need our students to make sure they are treating their chromebook properly. Students should NOT walk around the school, bus, or classroom with the chromebook open - accidents happen. The full replacement cost for a chromebook is \$200.



This month we will discuss Gratitude and Kindness. November 13, 2022 is World Kindness Day. We will be incorporating activities throughout the month to model Kindness.





Counselor's Corner

Counseling Questions you might have:

When, Where, And How Services are delivered:

In their classroom every month for 30 minutes.

What Responsive Services do you provide?:

- Meeting the immediate needs and concerns of students
- Consultation and collaboration with teachers, families, and specialists Referrals to resources
- Support in crisis situations
- Small group education and support
- Assist and Chair 504 Accessibility

How are referrals to the counselor made?

Student self referral

Referred by the family

Referred by the teacher and or other staff members

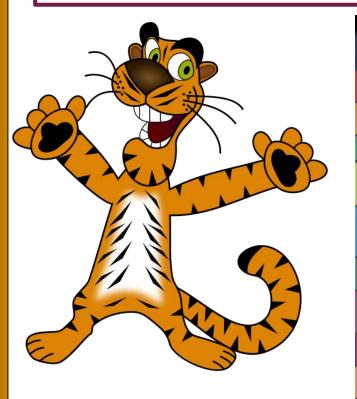
Testing Updates

November 2022 Testing Calendar

Math Benchmark #1	November 4- November 18,
Grades 3-5	2022
Reading Benchmark #1	November 4- November 18,
Grades 3-5	2022
Science Benchmark #1	November 4- November 18,
Grade 5	2022



All Testing Parent and Guardian Letters about upcoming tests will be posted to the school's website and given to teachers to share with parents/guardians prior to the test administration windows.



Test Taking Tips

Take a deep breath and relax

Read all of the directions carefully

Read the questions carefully

Make sure you understand what is being asked

Look at all of the choices before you answer

Paraphrase the question

Eliminate the answers you know are wrong

Stop and think carefully

Check your work for accuracy

And always do your best.





Grade Level Updates





Team 2 Newsletter Nov.pdf



Team 3 Newsletter Nov.pdf



Team 4 Newsletter Nov.pdf



Team 5 Newsletter Nov.pdf





Influenza (also known as "flu") is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death. This page provides resources about flu symptoms, complications, and diagnosis.

https://www.cdc.gov/flu/symptoms/index.html



Influenza Updates:

- Seasonal flu activity is low at this time, but there are signs that activity is beginning to increase.
- Flu vaccines have been updated for the 2022-2023 season.
- Get a vaccine by the end of October, if possible.



Specialist Updates





General Music

- Ms. L. Brown
- Ms. Parker

During the month of November students will continue working on the concepts and skills they started in September and October. They will listen to instrumental music, sing songs, learn speech pieces, and participate in activities that will enhance their knowledge of Beat, Meter, Rhythm, and Dynamics. Students will learn the Music Alphabet and the Lines and Spaces of the staff. They will participate in music note word spelling and a variety of activities to demonstrate their knowledge. 4th and 5th grade students will continue to learn about Key Signatures and Major Scales. They will also learn and play Pentatonic Scales.



November Units

- Throwing and Catching
- Fitness Games
- Student Choice

Help your students stay active at home!

Click on the links below to find some great activities

November Fitness Calendar

At Home Challenges

Fun Workouts

Free Workout Videos

Free Workout Plans

Mindfulness and Yoga



<u> Art Newsletter November.pdf</u>



November Media Newsletter.pdf



Instrumental Music is in full swing! All beginning students are learning their first 5 basic notes and should practice at home not only making sure they can play with good tone but also read notes correctly. Intermediate students should be honing their note reading skills by practicing their assigned selections.

-Dr. Bishop



Dear Parents/Guardians of ESOL Scholars.

Please be on the lookout for your 2022-23 ESOL Parent Notification letter in the mail. PGCPS ESOL Department will be mailing these letters to you this month. As soon as you receive your letter, please do the following:

- Check the box that confirms your child is an ESOL student and receiving ESOL services
- Sign your FULL signature
- ***RETURN THIS DOCUMENT WITH YOUR CHILD TO SCHOOL.

Your signed copy will be placed in your child's cumulative folder here at the school.

Thank you for your continued support!

- Ms. Carson, ESOL Itinerant





ICAL with Mr. Kapili

Gr. 2 Japanese ICAL--

Students will learn to sing a traditional Japanese song "Sakura" or "Cherry Blossoms". The students continue to review phrases in Japanese, learn more phrases to practice, and do simple conversation/dialogue in Japanese. They will view another presentation video about Mt. Fuji and "The Shinkansen", the bullet train of Japan. They will go through more Kanji exercises and practice writing basic Kanji characters. Then, they will be exposed to the world of Japanese cuisine.

Gr.3 Chinese ICAL--

Students will recall and review the major cities of China and to go through a short history of China plus some fun facts about China. They will further review and do more practice on the essential words and phrases in Chinese such as Chinese greetings and short dialogues. They will obtain knowledge and information about China's contributions and inventions that the world is benefitting from.. A lesson about the Great Wall of China, the history of ancient China and the flag of China will be very interesting

Gr. 4 Spanish ICAL--

Students will gain knowledge and understanding of other cultures and the relationship between the practices and perspectives of the culture studied. They will learn to sing a simple number song and the very lively "La Cucaracha" song. They will do further activities on Spanish phrases, vocabulary and Frases Utiles en El Salon de Clase, review "Charro Talk" and more activities on Los Numeros"and sing La Granja "song--- a conocer los animales en la granja. They will be using the book "Discovering Languages" for more counting activities and to learn to count up to 100 using patterns.



Gr. 5 ICAL--

During November, students will focus on the mapping and traveling to and within the Spanish speaking countries. We will focus on identifying the area(s) of the world where the language is spoken. The students must complete their Spanish passports by the end of next week. The students will experience virtual field trips to embrace the cultures of Spanish speaking countries, and they will compare and contrast the Spanish culture with other cultures in our world.

School Psych Corner

Managing Overwhelming Feelings: "The Tolerance Cup Analogy!"

Have you ever experienced a time when you felt like you were carrying so many different emotions that you became overwhelmed? The truth is that most of us at some time try to avoid dealing with our emotions, especially difficult emotions like shame, fear, or anger. When we experience events that we are unable to process, we may become so emotionally overwhelmed that we may find ourselves bursting into tears, having a grownup or toddler tantrum, saying things we may regret later, and lashing out at those around us. That is because all of us, adults and children alike, have a limited capacity to hold onto difficult emotions.



As parents, it is then important for us to model for our children how we manage difficult emotions such as frustrations, so that they do not build up and overwhelm us. This month, the **Big Life Journal** brings us the "Tolerance Cup Analogy" activity, which will allow you and your children to explore the different events and experiences that fill your "Tolerance cups!" Doing this activity together with your children will allow them to see that we may each have different experiences that cause us to experience feelings of being overwhelmed. Most importantly, they will recognize that the adults in their lives also experience times when they may feel overwhelmed by intense emotions, and need to use different healthy coping strategies to manage these emotions.

Go ahead and get a couple of cups, click on the <u>LINK</u> and use this month's activity from the **Big Life Journal** to help you and your children continue to build a family toolkit of healthy regulation strategies! Are you surprised by the things that fill your children's cups? Are they surprised by the things that fill your cup?

<u>We all need reminders!</u> No emotions are either good or bad, however intense. Let us continue to guide our children in seeing emotions as information only, and how they may use them as a window to get to know themselves better. Also, the more we practice self-regulation strategies with our children when they are feeling good, the easier it will be for them to use them in times of difficulty!

I hope you spent some time last month practicing validating your child's feelings, as well as your own! Keep on practicing co-regulating with your children!















One strategy people use to regulate their emotions is self-compassion. Being kind and empowering oneself is a strong tool that can change the way we think. You may be familiar with the term "positive affirmations". Positive affirmations are a self-help strategy that promotes self-confidence and belief in one's abilities. Some examples of affirmations are the following:

Ms. Barclay, School Psychology Intern "I can do hard things."

"I will do my best and accept the outcome."

"I have people who love and care about me."

"I can become a better version of myself every day."

Research shows that each time you repeat an affirmation to yourself, you are making your thought patterns stronger. This means that when a student is having a hard time because they did poorly on a test, instead of thinking "I'm not smart because I failed" they can think "I tried my best and I will work hard to get a better grade next time." They can think of kinder thoughts that motivate them instead of taking a negative thought path. Frequently hearing positive affirmations leads to the brain thinking more positive thoughts. So, remember to be kind!

Attention 5th Grade Parents:



5th grade students who have successfully participated in the TAG Center program will be given continuity to their TAG Center Middle School Program based off of their address in SchoolMax. Should you not elect to have your child participate in the TAG Program, the student can be scheduled for Honors Level classes at their neighborhood middle school program. Course selection for 6th grade will occur closer to May, 2023.

Letters of Continuity will be distributed from Pupil Accounting in mid January 2023. The letters will be double sided. The front page will let you know what your speciality TAG middle school is and will also show your neighborhood boundary middle school. **It also states:** "This offer and placement are contingent on you continuing to reside at your address."

The letter will have you indicating whether you **accept** or **decline** the program placement. If no response is received by this date, they will interpret that you are declining placement.

In order for your child to attend, accepted student's parent/guardian **must complete a new ScribEnroll Application** by visiting https://pgcpsmdc.scriborder.com/, then selecting "Transitional Enrollment" and uploading the updated proof of residence for their current Specialty School. (**Due dates will be given and should be seriously considered.**)

If you select the neighborhood boundary school, your child will complete enrollment and course selection forms this spring at their present school, Glenarden Woods

Elementary. Please understand that when this selection is made you will relinquish your place in this Specialty Program. Questions regarding continuity should be directed to your child's current school, TAG Coordinator, Mrs. Amanda Soto.

amanda.soto@pqcps.org

Mrs. Soto will be holding a "Life as a TAG Middle Schooler" with the 3 schools GWES usually feeds into: Greenbelt Middle, Walker Mill Middle, and Kenmore Middle. A date for this event will be forthcoming.



Frequently Asked Questions



Question	Answer				
What is the earliest and latest my child can be dropped off at school?	8:45am - 9:15am A reminder that there is no supervision for children prior to 8:45 am. Please do not leave your child unattended.				
What time is dismissal?	3:40 pm every day.				
What is the latest my child can be picked up early from school?	3:00pm is the latest to make early dismissal pickups.				
Where can I find the lunch menu for PGCPS?	https://www.pgcps.org/offices/food-and-nutrition				
Why haven't I received any paper Progress Reports/Report Cards?	The County will only provide paper Report Cards for the 2nd and 4th quarters. These reports will be mailed to the address that is currently on file in SchoolMax. All reports can be accessed via the SchoolMax Family Portal.				
How do I get GWES Swag? ♥♥	Visit the PTA Website https://www.gwespta.org/#/ Then visit the "School Store" https://www.gwespta.org/school-store.html#/				
My student is having trouble with his/her PGCPS issued device. What should I do?	If your student is having trouble with his/her PGCPS issued device, please email Ms. Hancock (beth.stewarthancock@pgcps.org) for assistance. If the device is damaged, a money order or check made out to Glenarden Woods in the amount of \$30 will need to be submitted at the same time the device is returned in order to receive a replacement. If this is the second incident, you will be responsible for the full replacement cost, per the PGCPS Student User Agreement.				

Volume 3, Issue 13 November 2022

November



At-A-Glance



Saturday, November 5th GWES Fall Festival from 3pm-8pm

The week of November 7th - 11th Kindness Challenge Week

Monday, November 7th
Asynchronous Learning DaySchools will be closed for students.

Tuesday, November 8th No school, Election Day

The week of November 14th - 18th
American Education Week

<u>Tuesday, November 15th</u> Virtual GWES PTA Meeting 6:30pm-7:30pm

> Friday, November 18th Career Day

November 22nd and November 23rd 2- Hour Early Dismissal Days

November 24th - 26th
Thanksgiving Holiday-School Closed





for you

